

Coming Home: Recipes and Reflections from a Life in the Spotlight

For many who watched her daily television show, *Top O' the Day*, Barbara McKay's voice is as familiar as family. She taught a generation of viewers to cook. She took them on adventures to volcanoes and glaciers and introduced them to movie stars. When the media shifted from food and lifestyle to all-news content, Barbara continued to serve her fans on TV shows, in commercials, and in magazines, sharing the latest trends in entertainment, food, and fashion. For many, Barbara McKay is an icon.

Coming Home shares reflections, wisdom, and recipes from Barbara's forty years of hosting television shows, raising children, meeting her heroes and inspirations, and teaching generations to love Southern cooking. From her simple, delicious recipes to her love of life, deep faith, and ability to connect with nearly anyone, this life well-lived will both encourage and inspire readers.



Barbara was honored by the Mecklenburg Times as one of their "50 Most Influential Women" of 2021.

“Barbara’s story is a joyful, life-affirming reminder that when we share our truest selves with those we love, every meal is a feast. And what a feast these recipes are! Barbara brings her warmth, grace, and generosity of spirit to every page. Passion for life and a boundless faith are her secret ingredients in the kitchen, and everywhere else.”

- Sheri Lynch, syndicated talk show host and author

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